



Rotary Youth Under Sail

Rotary Youth Under Sail

A residential, character building experience which challenges young people and steers them towards becoming self-confident, well balanced individuals.

It uses the traditional practices of seafaring as a tool for personal and social development. Whilst participants do acquire some nautical skills the programme does not aim to teach them how to sail.

The young crews will be fully involved in setting and achieving their own voyage objectives and will take responsibility for all aspects of running a 70ft/56 ton sailing vessel under the supervision of skilled staff and volunteers.

As this programme promotes personal development within a team, rather than team leading, it provides a good grounding for those young people not suitable for or not yet ready to engage with RYLA.

Who is this programme for?

Young people aged 14-17 who will benefit from increased self-confidence and social interaction.

In particular, those who need to broaden their horizons beyond their own community or are isolated, bullied, withdrawn or lonely.

This programme requires participants to confront physical and emotional challenges. It is a **life changing experience** giving them:

- Self-confidence and resilience
- Interpersonal and social skills
- Ability to work in a team
- Sense of responsibility and respect for others
- Awareness of the environment



How does it work?

The programme is run annually during the school summer holidays in July and August.

Participants are selected and sponsored by their local Rotary Club from Schools or other Youth Organisations.

They participate fully in a 6-day voyage in a safe and enjoyable environment with a Rotary representative on-board.

Young people thrive in the on-board environment where the familiar routine and close living means they develop trusting relationships with those around them. Every aspect of a voyage promotes personal growth facilitating their independence and transition to adulthood.

These practical activities encourage the development of personal skills within a team based environment and lead to the award of a nationally recognised Royal Yachting Association 'RYA Start Yachting' certificate.

Each day, awardees are encouraged to reflect and complete a personal log in which they record their progress towards their developmental objectives.

For more details please contact
Ocean Youth Trust North at
development@oytnorth.org.uk

This programme is run in partnership with Ocean Youth Trust North

Ocean Youth Trust North takes young people away from their everyday routine and inspires them to make positive changes to their lives through Adventure under Sail.

The charity is well experienced in the development of young people through Sail Training and provides a safe but challenging opportunity for those of all abilities and backgrounds.



changing lives, inspiring futures

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Julie Archer
Social Worker & Child Protection Consultant

Rotary 1040 contacts

Project Officer – Rotarian Martin Mumford

Email: mmmartinmumford151@gmail.com

Tel: 07858 467326

Youth Service Leader – Rotarian Pat Taylor

Email: patricia.taylor970@yahoo.co.uk